



TYBER MEDICAL  
INTERBODY SYSTEM  
PACKAGE INSERT

**CAUTION: Federal Law (USA) restricts this device to sale by or on the order of a physician.**

**DESCRIPTION OF THE MEDICAL DEVICE:**

The implants are:

- The Tyber Medical PEEK Interbody Spacer is a curved implant constructed of Polyetheretherketone (PEEK), medical grade as described by ASTM F2026.
- The Tyber Medical TyPEEK Interbody Spacer is a Polyetheretherketone with a Titanium plasma spray as described by ASTM F1580.
- The teeth on the superior and inferior ends resist expulsion in all directions.
- The device is open in the transverse plane to allow insertion of autograft into the device prior to placement.
- The tantalum markers used for this product are made to the voluntary standard ASTM F560.
- The radiolucent PEEK material allows visualization of the defect site on radiograph to assess bone growth.
- For all indications, this device is intended to be used with supplemental spinal fixation systems that have been cleared for use in the cervical, thoracic or lumbar spine (i.e. posterior pedicle screws and rod systems, anterior plate systems, and anterior screw and rod systems.)

The Tyber Medical PEEK Interbody devices are offered both non-sterile and sterile.

The Tyber Medical TyPEEK Interbody devices are supplied sterile.

**INDICATIONS FOR USE**

The Tyber Medical Interbody Systems are indicated for use as intervertebral body fusion devices in skeletally mature patients with degenerative disc disease (defined as discogenic back pain with degeneration of the disc confirmed by patient history and radiographic studies) at one or two contiguous levels of the lumbar spine (L2-S1). Patients should have six months of non-operative treatment prior to surgery. These implants are used to facilitate fusion in the lumbar spine and are placed via either a posterior, transforaminal, lateral or anterior approach using autogenous or allograft bone. When used as interbody fusion devices these implants are intended for use with supplemental fixation systems cleared for use in the thoracolumbar spine.

**Cervical System Indications**

The Tyber Medical Cervical Interbody Systems System is indicated for use as an intervertebral body fusion device in skeletally mature patients with degenerative disc disease (defined as discogenic back pain with degeneration of the disc confirmed by patient history and radiographic studies) at one level of the cervical spine with accompanying radicular symptoms. Patients should have six weeks of non-operative treatment prior to surgery. Cervical implants are used to facilitate fusion in the cervical spine (C2-T1) and are placed via an anterior approach using autogenous bone. When used as an interbody fusion device, supplemental fixation must be used.

**MATERIAL**

PEEK implants are manufactured from implant grade Polyetheretherketone (PEEK) per ASTM F 2026. The Tyber Medical TyPEEK interbody devices are constructed from Polyetheretherketone per ASTM F2026 and have a titanium plasma spray per ASTM F1580. Each implant contains Tantalum markers per ASTM F 560. The specialized instruments are made primarily of surgical grade stainless steel (ASTM F899).

**HOW SUPPLIED**

Tyber Medical PEEK Interbody Systems are delivered in both **non-sterile and sterile** as specified by the packaging.

Tyber Medical TyPEEK Interbody Systems are delivered **sterile** as specified by the packaging. All sterile implants are gamma radiation sterilized. The package should be inspected prior to use to ensure the sterile barrier has not been compromised. Do not resterilize.

Tyber Medical instruments are provided **non-sterile** and must be cleaned and sterilized prior to use according to the procedures outlined in this document.

**CONTRAINDICATIONS**

The operation should not be carried out against the following contraindications:

- Acute or chronic infections or severe defects of the osseous structures of the vertebral bodies, which need to be sound for the stable implantation of the devices
- Bone tumors in the region of the implant anchoring
- Unwillingness or inability of the patient to follow the instructions for postoperative treatment
- Any medical or surgical condition that could preclude the potential success of the implantation
- Pregnancy
- Osteoporosis or similar bone density loss
- Systemic or metabolic illnesses
- Drug abuse or alcoholism
- Generally poor condition of the patient
- Adiposity
- Psychosocial issues; lack of co-operation by the patient
- All cases that are not listed under indications

**WARNINGS and POTENTIAL RISKS**

The surgeon should be aware of the following:

1. The correct selection of the implant is extremely important. The potential for success is increased by the selection of the proper size, shape and design of the implant. The size and shape of the human spine presents limiting restrictions of the size and strength of implants. No implant can be expected to withstand the unsupported stresses of full weight bearing.
2. The surgeon must ensure that all necessary implants and instruments are on hand prior to surgery. The device must be handled and stored carefully, protected from damage, including from corrosive environments. They should be carefully unpacked and inspected for damage prior to use.
3. All instruments must be cleaned and sterilized prior to surgery.
4. As with all orthopaedic implants, Tyber Medical Interbody Systems should never be reused under any circumstances.
5. The Tyber Medical Interbody System should never be used with dissimilar materials.
6. Proper implant selection and patient compliance to postoperative precautions will greatly affect surgical outcomes. Patients who smoke have been shown to have an increased incidence of nonunion. Therefore, these patients should be advised of this fact and warned of the potential consequences.
7. Postoperative care is important. The patient should be instructed in the limitations of his/her implant and should be cautioned regarding weight bearing and body stress on the appliance prior to secure bone healing.

**PRECAUTIONS**

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**Preoperative:**

1. Only patients that meet the criteria described in the indications should be selected.
2. Patient conditions and/or pre-dispositions such as those addressed in the Contraindications Section should be avoided.
3. Care should be used in the handling and storage of the implant components. The implants should not be scratched or otherwise damaged. Implants and instruments should be protected during storage especially from corrosive environments.
4. All instruments should be cleaned and sterilized before use.

**Intraoperative:**

1. Any instruction manuals should be carefully followed.
2. At all times, extreme caution should be used around the spinal cord and nerve roots. Damage to nerves may occur resulting in a loss of neurological functions.
3. Autograft may be placed in the area to be fused.

**Postoperative:**

1. The physician's postoperative directions and warnings to the patient and the corresponding patient compliance are extremely important.
2. Detailed instructions on the use and limitations of the device should be given to the patient. The risk of bending, loosening, or breakage of an internal fixation device during post-operative rehabilitation may be increased if the patient is active, or if the patient is debilitated or demented. The patient should be warned to avoid falls or sudden jolts in spinal position.
3. To allow maximum chances for a successful surgical result, the patient or device should not be exposed to mechanical vibrations that may loosen the device construct. The patient should be warned of this possibility and instructed to limit and restrict physical activities, especially lifting, twisting motions and any type of sport participation. The patient should be advised not to smoke or consume alcohol during the healing process.
4. If a nonunion develops or if the components loosen, bend, and/or break, the device(s) should be revised and/or removed immediately before serious injury occurs. Failure to immobilize a delayed or nonunion of bone will result in excessive and repeated stresses on the implant. By the mechanism of fatigue these stresses can cause eventual bending, loosening, or breakage of the device(s). It is important that immobilization of the spinal surgical site be maintained until firm bony union is established and confirmed by radiographic examination. The patient must be adequately warned of these hazards and closely supervised to ensure cooperation until bony union is confirmed.
5. Any retrieved devices should be treated in such a manner that reuse in another surgical procedure is not possible. As with all orthopaedic implants, none of the Tyber Medical Interbody Systems Device components should ever be reused under any circumstances.

**POSSIBLE ADVERSE EFFECTS**

1. bending, loosening or fracture of the implants or instruments;
2. loss of fixation;
3. sensitivity to a metallic foreign body, including possible tumor formation;
4. skin or muscle sensitivity in patients with inadequate tissue coverage over the operative site, which may result in skin breakdown and/or wound complications;
5. nonunion or delayed union;
6. infection;
7. nerve or vascular damage due to surgical trauma, including loss of neurological function, dural tears,

- radiculopathy, paralysis and cerebral spinal fluid leakage;
8. gastrointestinal, urological and/or reproductive system compromise, including sterility, impotency and/or loss of consortium;
9. pain or discomfort;
10. bone loss due to resorption or stress shielding, or bone fracture at, above or below the level or surgery (fracture of the vertebra);
12. hemorrhage of blood vessels and/or hematomas;
13. malalignment of anatomical structures, including loss of proper spinal curvature, correction, reduction and/or height;
14. bursitis;
15. autograft donor site pain;
16. inability to resume activities of normal daily living;
17. reoperation;
18. death.

**MAGNETIC RESONANCE IMAGING (MRI) SAFETY**

The Tyber Medical Interbody System Implants have not been evaluated for safety and compatibility in the MR environment. The Tyber Medical Interbody System implant has not been tested for heating or migration in the MR environment.

**DIRECTIONS FOR USE**

The operating surgeon draws up an operating plan that specifies and appropriately documents the following steps:

- Selection of the implant components and their dimensions
- Positioning of the implant components in the bone
- Location of intraoperative landmarks

The following conditions must be fulfilled prior to application:

- All requisite implant components are ready to hand.
- Operating conditions are highly aseptic.
- The implantation instruments are cleaned and sterilized prior to use according to the procedures outlined in this document.
- The implantation instruments, including the special Tyber Medical Interbody system instruments, are complete and in working condition.
- The operating surgeon and operating team are aware of information concerning the operating technique and the range of implants and associated instruments; this information is complete and ready to hand.
- The operating surgeon is familiar with the rules governing medical practice, the current state of scientific knowledge, and the contents of relevant scientific publications by medical authors.
- The manufacturer has been consulted if the preoperative situation was unclear and if implants were found in the area operated on.

The intervention has been explained to the patient, whose consent concerning the following information has been documented:

- In the case of delayed or incomplete fusion, the implants can break and loosen due to high loads.
- The life-span of the implant depends on the patient's body weight.
- Corrective surgery may become necessary if the implant loosens.
- The patient must undergo regular check-ups of the implant components, performed by a physician.

**Implanting the PEEK devices**

- Select the appropriate PEEK implant size and shape according to the indication, the preoperative planning, and the bone situation found intraoperatively.
- Correctly apply the preparation instruments (rasps, curettes and chisels) for preparing the implant bed, as well as the implantation instrument.
- To implant the Tyber Medical Interbody System implants, use only the specialized Tyber Interbody

- System instrumentation. Do not use implants or instruments from any other system or manufacturer.
- Apply appropriate care when inserting the implant.
- Check implant height and/or angle using the trial implants.

For complete instructions regarding the proper use and application of all Tyber Medical Interbody System implants and instruments, please refer to the Tyber Medical Interbody Surgical Technique Manual (provided with the system).

**CARE AND HANDLING**

**Certain Tyber Medical Interbody Systems Implants and all instruments are provided non-sterile** and should be stored in the original packaging until cleaned and sterilized. Prior to use, they must be sterilized according to the standard hospital procedure. Refer to the STERILIZATION section for recommended parameters.

**Limitations on Processing**

Repeated processing has minimal effect on these implant and instruments. End of life is normally determined by wear and damage due to use.

**Point of Use**

Before being used for the first time and each use thereafter, the instructions outlined below should be followed to ensure safe handling of biologically contaminated instruments.

**Containment and Transportation**

It is recommended that instruments are reprocessed as soon as reasonably practical following use.

**Preparation for Cleaning**

Where instruments interface with other devices, disassemble prior to cleaning.

Remove excess soil with a clean, disposable, absorbent Kimwipe or equivalent.

**Cleaning (Automated)**

Equipment: Automated washer, soft bristle brush, enzymatic detergent<sup>1</sup>, and neutral pH detergent<sup>2</sup>.

- Pre-clean the instruments by placing under running water and scrubbing with a soft bristle brush to remove major debris. Rinse and scrub each instrument for at least one minute.
- After precleaning, place in the automated washer, making sure the samples do not touch each other - load instruments in such a way that the parts can drain.
- Use a standard instruments cycle with the following parameters (at a minimum):

<b>Enzyme Wash</b>	Hot (40 - 65 °C) (104 - 149 °F) for 3 minutes
<b>Neutral pH Wash</b>	60 °C (140 °F) for 3 minutes
<b>Rinse</b>	Ambient temperature for 1.5 minutes
<b>Thermal Rinse</b>	90 °C (194 °F) for 1 minute
<b>Dry</b>	82 °C (180 °F) for 6 minutes

- Determine if the instruments are dry. If they are not dry, dry with a soft, clean, lint free cloth.
- After drying, check instruments for complete removal of any debris. If necessary, repeat cycle or use manual cleaning.

**Cleaning (Manual)**

**Warning: Movable components and blind holes require particular attention during cleaning.**

Preparation of Cleaning Agents (Recommended):

- Add 60 mL of Endozime® AW Plus to 3.8 L of water, (1:64 dilution).

Manual Cleaning Instructions:

- Pre-clean the instruments by placing under running water and scrubbing with a soft bristle brush to remove major debris. Rinse and scrub each instrument for at least one minute.
- Bathe the instruments in the enzymatic solution for 5 minutes; where appropriate, the instrument shall be rotated and briskly moved in bath to promote flushing. Where appropriate, a large syringe or pulsating water jet may be used to thoroughly flush all channels and lumens with the solution.
- Scrub the instruments with a soft bristle brush while submerged in the detergent.
- Rinse the instruments in cold water.
- Rinse the instruments in deionized water.
- Pat dry with a soft, clean, lint free cloth.
- After drying, check instruments for complete removal of any debris. If necessary, repeat manual cleaning.

**Maintenance and Repair**

**Warning: The use of damaged instruments may increase the risk of tissue trauma, infection and length of operative procedures.**

**Warning: Do not attempt to repair any Tyber Medical instrument.**

If your Tyber Medical instrument requires repair or maintenance, return the instrument in the Tyber Medical box or other sturdy box with adequate packaging material to protect the instrument. Send the packaged instrument to:

Tyber Medical, LLC  
89 Headquarters Plaza North, #1464  
Morristown, New Jersey 07960  
**Attn: Tyber Medical Technical Services**

**Note:** Instruments returned to Tyber Medical must have a statement which testifies that each instrument has been thoroughly cleaned and disinfected. Failure to supply evidence of cleaning and disinfection will result in a cleaning charge and delayed processing of your instrument repair.

**Inspection and Function Testing**

All instruments: Visually inspect for damage and wear. Where instruments interface with other devices, inspect to ensure that the interface is not damaged.

Check for misalignment, burrs, bent or fractured tips. Mechanically test the working parts to verify that each instrument functions correctly. Remove stained, discolored or damaged instruments.

**Packaging**

Instruments may be loaded into the specified Tyber Medical instrument trays, or general-purpose trays. Wrap the trays using an appropriate method with no more than two layers of

sterilization wrap that are FDA approved for pre-vacuum steam sterilization.

**Sterilization**

For components provided Sterile, the sterilization method is noted on label. Sterile implant components are supplied sterile to a Sterility Assurance Level (SAL) of 10<sup>-6</sup>. Sterile packaged components are supplied in a protective sterile barrier packaging. Inspect package for punctures or other damage prior to surgery. If sterile barrier has been broken, return component to Tyber Medical.

If not specifically labeled **STERILE**, components are supplied non-sterile and must be cleaned and sterilized prior to surgery.

**Warning: Tyber Medical does not recommend that the instruments be sterilized by Flash, EtO or Chemical sterilization. When sterilizing multiple instruments in one autoclave cycle, ensure that the sterilizer's maximum load is not exceeded.**

To achieve a sterility assurance level of SAL 10<sup>-6</sup>, Tyber Medical recommends the following parameters:

Sterilizer Type	Gravity	Pre-Vacuum	
		132 °C (270 °F)	135 °C (275 °F)
<b>Minimum Temp.</b>	132 °C (270 °F)	132 °C (270 °F)	135 °C (275 °F)
<b>Exposure*</b>	15 min	4 min	3 min
<b>Dry Time</b>	20 minutes		
*Tyber Medical has validated the above sterilization cycles and has the data on file. The validated sterilization parameters meet the minimum requirements per ISO 17665-1. Other sterilization cycles may also be suitable; however individuals or hospitals not using the recommended method are advised to validate any alternative method using appropriate laboratory techniques.			

Tyber Medical recommends following ANSI/AAMI ST79, *Comprehensive guide to steam sterilization and sterility assurance in health care facilities*, which includes: physical monitoring of the cycle, inclusion of a chemical indicator internal and external to the package, and monitoring of every load with a Biological Indicator and/or Class 5 Integrating Indicator.

**Certain Tyber Medical PEEK and all TyPEEK implants are provided sterile and cannot be resterilized.**

**Storage**

Tyber Medical instruments must be completely dry before storing and must be handled with care to prevent damage. Store in designated trays and in areas which provide protection from dust, insects, chemical vapors and extreme changes in temperature and humidity.

**RETRIEVAL AND ANALYSIS OF REMOVED IMPLANTS**

The most important part of surgical implant retrieval is preventing damage that would render scientific examination useless. Special care should be given to protect the implant during handling and shipping. Follow internal hospital procedures for the retrieval and analysis of implants removed during surgery. When handling removed implants, use precautions to prevent the spread of bloodborne pathogens. Please contact Tyber Medical customer service for return of removed implants.

**CUSTOMER SERVICE**

For further information regarding the Tyber Medical Interbody System or a copy of the Tyber Medical Interbody System Surgical Technique Manual, please contact Tyber Medical, LLC or your local Tyber Medical Distributor.



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<sup>1</sup> ENZOL®, a trademark of Advanced Sterilization Products, was used in the cleaning validation

<sup>2</sup> Prolystica™ Ultra Concentrate neutral Detergent, a trademark of Steris Corporation, was used in the cleaning validation.